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IDEA 1

If your partner is going away for a few days, tell her that you are worried about her so you have organized a bodyguard to look after her. Then give her a small teddy bear.

IDEA 2

Buy a packet of glow in the dark stars and stick the stars on the roof above your bed to spell out a message such as "I Love You" When the lights go down, your message will be revealed!

IDEA 3

On a special occasion, buy your partner eleven real red roses and one artificial red rose. Place the artificial rose in the centre of the bouquet. Attach a card that says:

"I will love you until the last rose fades."

IDEA 4

Buy the internet domain of your partner's name if it is available for example www.TanyaJohnston.com. Create a web page containing a romantic poem and a picture of a rose. When your partner is surfing the web, casually ask whether she has ever checked to see whether her domain name is taken. Let her type it in to discover her page. Create a FREE Website at www.weebly.com

IDEA 5

Buy a stylish hand mirror and give it to your partner as a gift. Include a card in the box saying "In this mirror you will see the image of the most beautiful woman in the world."

IDEA 6

Take a book that your partner is reading and using a pencil, underline letters in a section of the book she has yet to read to spell out a love letter. For example in the following exert from a novel, the underlined letters come together to spell out the secret message "I love you"

The palace was a labyrinth, their passage through it tortuous and interminable. Initially they passed from building to building under the sodden sky. Steve's feet ached; he might have laughed at himself, the tireless traveller, grown too soft from his months in the city to walk any proper distance. Abruptly the guards halted.

The underlined letters will make your partner curious and with a bit of luck she will write them down. Spend time to encode a proper message such as "Dear Belinda, I love you honey"

IDEA 7

Have flowers delivered to your partner's workplace. She will not only enjoy the flowers but will also receive comments and attention from her office mates which will add to her enjoyment.



Words that turn a man on trigger a specific response in him, both physically and emotionally. What matters to most guys is that his sexual prowess is validated. He wants to know that you love what he's doing and that ... <u>Continued</u>

IDEA 8

While walking with your partner on a weekend getaway, pick up a smooth stone and say that you're going to keep it as a special memento of your trip.

Later, have a message such as "I Love Rebecca" engraved into the stone by a jeweller and give it to your partner.

IDEA 9

Drive into the country, find a grassy hill and lie with your partner and look up at the clouds. Play the kid's game of looking for shapes in the cloud formations.

IDEA 10

Get a piece of paper and some crayons. Draw a bright childlike picture with a smiley sun and two stick figures holding hands. Add labels with your two names pointing to the stick figures. Write "I Love You" inside a heart.

Next get a large formal envelope. Place your drawing inside and type up a formal address label of your partner's work such as:

For the immediate and urgent attention of: Rebecca Jones Level 20 Collins & Smith Solicitors York

Mail it to your partner so she receives it in the middle of a busy day.

IDEA 11

Memorize one of Shakespeare's love sonnets and recite it to your partner when you are in a romantic setting like a botanical garden. Don't just suddenly start reciting poetry as this will just sound corny.

While you are cuddling your partner, ask in a joking manner, "So is now a good time to recite a love poem to you?" She will probably say yes, expecting you to come up with something of the "Roses are Red." variety.

you to come up with something of the "Roses are Red." var

Instead, recite one of Shakespeare's Sonnets:

Shall I compare thee to a summer's day? Thou art more lovely and more temperate: Rough winds do shake the darling buds of May, And summer's lease hath all too short a date: Sometime too hot the eye of heaven shines, And often is his gold complexion dimmed, And every fair from fair sometime declines, By chance, or nature's changing course untrimmed: But thy eternal summer shall not fade, Nor lose possession of that fair thou ow'st, Nor shall death brag thou wand'rest in his shade, When in eternal lines to time thou grow'st, So long as men can breathe or eyes can see, So long lives this, and this gives life to thee.



Have you ever been so deeply in love you felt desperate for a man who wasn't feeling the same way for you? You know the kind of heartache I'm talking about. . . The kind where the more urgent you felt, the more he seemed to be backing away? Where the drama and intensity piles up until, boom: the relationship breaks completely, leaving YOU completely devastated, while he seems only mildly inconvenienced (and moves on to a new woman, practically the next day). <u>Continued</u>

IDEA 12

If your partner has to work late, take a lunch box and fill it with some of her favourite things such as chocolates, herbal tea, cookies and a small teddy bear.

Next, get a piece of paper and write

"Michelle's Late Night Survival Pack"

Draw a big red cross below this and stick the paper to the top of the box. Tell your partner to open the box when things get really tough.

IDEA 13

If you are walking by a park, visit the swings and give your partner a ride. This will often bring back happy memories from her childhood.

IDEA 14

Leave a long stem rose where your partner will find it with a note on it saying: "Thank you for coming into my life."

IDEA 15

If your partner is starting a new job, buy a copy of "The Sound of Music" sound track. Tape the song, "I Have Confidence" onto a tape and add your own message at the end of the song saying,

"Good Luck honey, I have confidence in you."

Give the tape to your partner to play on the way to work in the car.

IDEA 16

Buy a small decorated cardboard box, a sheet of coloured tissue paper, some massage oil and a blank card. Line the box with the tissue paper. Place the massage oil in the box and write the following message on the card:

I know a great Masseur. For an appointment ring: (You're Phone Number)

IDEA 17

When your spouse has had a really long hard day, run a hot bath for her. Pour some fragrant bath oil into the tub and gently bathe her from head to toe. Carry her into the bedroom. Gently towel her dry and tuck her into a freshly made bed with a kiss on the forehead.

IDEA 18

For this idea you will need a portable CD player or iPod. If you and your partner have a favourite song, get a copy of it on CD and take it with you when you go away for a romantic weekend.

When you are in a romantic spot, ask your partner if she would like to dance.

Place one earpiece in her ear and one in your own and enjoy your private dance floor. This technique is particularly effective if the romantic spot you have chosen is somewhere where people would not normally dance, for example, the top of the Empire State building at sunset or on top of a mountain during a camping trip.



It Started with a Text Message...

Learn how simple text messages can re-ignite the passion in your relationship in just 3 days



CLICK HERE

IDEA 19

If your partner has a pet that she adores, at Christmas, in addition to buying a gift for your partner, buy a small present for her pet.

IDEA 20

Go for a walk on the beach. Trace out the shape of a large love heart in the sand. Sit inside the heart and cuddle your partner as you watch the sun go down.

IDEA 21

Invite your partner to go for a walk. Get a back pack and pack the following items: A picnic blanket, a selection of fruit in small containers e.g. strawberries, grapes, watermelon and kiwi fruit, some cheese and crackers, some sandwiches, a small tin of caviar, a half bottle of champagne and two plastic champagne glasses. If your partner asks what's in the backpack, just say a jacket and some lunch.

When you find a romantic spot, ask if she would like to stop for a bite to eat. Open your pack and remove the items one by one to set up your picnic.

The last item you remove should be the glasses and champagne.

IDEA 22

If you play a musical instrument, create a romantic environment in which to play for your partner. For example, let's say you play the saxophone. Contact your partner's roommate and arrange for her to make sure that your partner steps out onto the balcony of their apartment at exactly 9.30pm.

Drive to her apartment and set up before hand. Place a large sparkler in the music holder of your sax and light it as your partner steps on to the balcony.

Play something slow and romantic.

IDEA 23

Use this idea if your partner is going to work and you are staying at home for some reason (Perhaps you are sick or are working from home).

Say goodbye to her at the front door and then immediately send an email to her work address. The email should simply say,

"Missing you already".

The email will be in her in-box when she does her morning email check.

IDEA 24

If your partner has long hair, take the time to brush it using long slow strokes. This is particularly effective after she has had a shower or when she is getting ready for bed.



GET YOUR EX BACK!

Thousands of couples are starting over, better than ever, thanks to this text-message relationship-fixing system.

 Watch this free video guide:

 Q
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 H
 J
 K
 L

If you want your ex-girlfriend or ex-boyfriend to come crawling back to you on their knees (no matter why you broke up and even if they're dating somebody else now) you need to watch this video right away . . . <u>PLAY the video now</u>

IDEA 25

On a special occasion like your partner's birthday, plan a treasure hunt for her. The fun begins when you suggest going for a walk on the beach.

When you get to the beach, carry a small bag with you. The bag contains a bottle that you prepared earlier. Inside the bottle is a treasure map.

To make the treasure map look authentic, burn the edges with a match. As you are walking, slip the bottle out of your bag and let it drop to the sand near the water's edge. You may have to pause and kiss your partner to do this unnoticed. Walk a little further up the beach then turn around and retrace your steps to 'discover' the bottle.

On the map have a doted line leading from the beach to a nearby cafe. At the cafe, your partner won't know what to look for so suggest that you just sit down and have a cup of coffee.

When the waitress delivers the coffee, she suggests to your partner that she might find what she is looking for under the coaster. When your partner turns over the coaster she finds a key taped to the bottom. Obviously you will have to set this up before hand with the waitress. Most waitresses will be happy to help a romantic guy out with this type of thing.

At the next stop on the map, your partner finds or is given a spade. Then at the last stop on the map your partner finds a large 'X' made up of two crossed sticks. She digs and discovers a locked box. The key unlocks the box to reveal her present.

IDEA 26

Invite your partner on a date by sending her a plain brown envelope containing a tape. On the tape, record the Mission Impossible sound track and then record yourself saying,

"Your mission if you choose to accept it is to make your way to Café Venoli, 123 Park Lane at 18.30. There you will rendezvous with a stunningly attractive man wearing a red carnation. The future of the free world is now in your hands. This tape will self destruct in five seconds." Then record ten beeps from a stopwatch and record yourself saying, "Would you believe ten seconds..." It's corny but it usually gets a laugh!

IDEA 27

Contact your partner's family and ask if there was anything she always wanted when she was a little girl. For example if she always wanted a porcelain doll, buy one for her birthday. She will not only appreciate the gift but also the fact that you were thoughtful enough to find out what she always wanted.

IDEA 28

Organize a professional photo shoot to obtain a portrait of the two of you as a couple. Frame the picture and put it somewhere prominent. Remember to make sure you give your partner plenty of notice so that she can get ready.

IDEA 29

Write a note saying "I thought of you today, and it made me smile." Leave the note somewhere where your partner is sure to find it.

IDEA 30

For Valentines Day, buy your partner a charm bracelet with at least 14 charms. Remove al the charms and let your partner 'find' one charm each day for the first fourteen days of February. On Valentines Day give her the bracelet and any remaining charms.



you're like so many women we hear from, every year you feel underappreciated, ignored... taken for granted and barely thought of...Like it's pulling teeth just to get him to be romantic... Which is why I want you to stop all the madness for a few minutes and go watch this video... <u>Play Video</u>

IDEA 31

When you and your partner are in a shopping centre or airport, stop at one of those booths that allow you to take an instant photo and print them out as stickers. Choose a romantic background and kiss your partner while the photo is being taken.

IDEA 32

If your partner has voice mail at work or on her mobile, leave a message saying "Just wanted to let you know that I'm thinking of you." She will appreciate this anytime but especially when she is going through a rough period.

IDEA 33

Organize a mystery trip for you and your partner. Some travel agents will organize mystery packages where the destination of the trip is kept secret until you are actually on the plane or arrive at the destination.

IDEA 34

Buy some rose petals and place them behind the sun visor on the passenger side of your car. Take a post it note and write, "I Love You" on it and stick it to the back of the sun visor.

As you are driving to a romantic destination, look at your partner and tell her she has a mark on her cheek. She will pull down the sun visor to use the mirror and be showered in rose petals and see your note.

IDEA 35

If your partner is going on a trip, pack a small present into the corner of her suitcase that she will find when she is away.

IDEA 36

When you and your partner are having an anniversary, buy two champagne glasses and get them engraved with your names and the date, for example:

Mal and Kate 7 May 2002

Go to the restaurant where you have made your reservations and request that when you and your partner arrive that your champagne be served in your special glasses. This will be a great surprise for your partner and a wonderful keepsake for you both.

IDEA 37

On a special occasion such as your partner's birthday, buy twenty-four red roses. Arrange to meet her at a specific spot in a shopping mall before going out for dinner. Get to the shopping mal early and position yourself around the corner from your meeting spot.

Ask a guy who is walking by whether he would mind helping you out. Give him a rose, point out your partner and ask him to walk up to her and say,

"Happy Birthday Meagan" and give her the rose and then walk away. Repeat this with eleven other guys. Choose guys who are not too good looking and choose guys of different ages. A nice touch is to have the last rose delivered by a small child who could even by accompanied by his parents.

After the first twelve flowers have been delivered, approach your partner with the twelve remaining roses.



t's by my friend Lawrence Lanoff and it teaches you the 3 absolutely INSANE reasons women won't admit they want to sleep with you. . .PLUS it teaches you the "Magic Code Words" women need to hear to let them "drop the act" and treat you like a sex object put on this planet just for their pleasure. . . <u>Play Video</u>

IDEA 38

Always listen for things that your partner reminisces about and jot them down somewhere. For example, perhaps she talks about the ice cream that she had from a particular shop when she was a little girl.

When a special occasion comes along, check your list of things that your partner talks about and try to recreate one of them, for example, visit the shop and buy a tub of ice cream making sure that the name of the shop is on the container.

IDEA 39

Create a love montage by collecting some photographs of you and your partner, some ticket stubs of places you have visited and any other small odds and ends that have special meaning to you both. Take these items and get them professionally framed in a three dimensional montage. Alternatively, buy a frame and

IDEA 40

create a simple montage yourself.

Buy an ornately carved wooden box which is lined with green or red felt. Find an old fashioned key and place it in the box. Next, get a small gold plaque and have it engraved with the words The Key To My Heart

Fix the plaque to the inside of the top of the box so that it can be read when the box is opened.

IDEA 41

Buy a tree with your partner and plant it in a special spot. Each year on your anniversary, have a glass of champagne next to your tree and talk about how your love and the tree have grown.

IDEA 42

If you shower first in the morning. Steam up the bathroom and write a message such as "Pete Loves Kathy" on the mirror for your partner to read when she uses the bathroom. This also works on car windows when it's cold.

IDEA 43

As a special gift, name a Star after your partner. A number of astronomical agencies allow individuals to name stars and you receive formal documentation identifying the star that you have named.

IDEA 44

Find a comic strip that relates to something that you and your partner have shared together, for example perhaps you both work in the same office and you find a Dilbert cartoon that relates to the politics at your workplace.

Enlarge the cartoon using a photocopier and use white-out to cover the cartoon text. Type up your own text that relates to you and your partner and paste it in the appropriate places and then photocopy the cartoon again so that it looks like your text was the actual text of the cartoon.

For an added touch, get your customized cartoon laminated before giving it to your partner.

IDEA 45

When you and your partner are enjoying a restful time away, organize to wake up early one morning and go to a scenic spot to watch the sun rise.

This may seem difficult but it is something which is definitely worth doing at least once. Seeing a new day being born is something really special to share with your partner.



IDEA 46

When you have access to a spa, create a romantic atmosphere by placing some candles around the tub and some rose petals floating on the surface of the water. As your partner enjoys the water, serve champagne and chocolate covered strawberries before joining her.

IDEA 47

Create some love coupons that your partner can exchange for romantic favours. For example you could have a coupon that reads:



IDEA 48

On a warm summer's night, organize a backyard picnic. Spread a picnic blanket on the ground and get together some snacks, chocolates and champagne. Lie down on the blanket with your partner and gaze up at the stars together.

IDEA 49

Next time it is raining really heavily, go for a walk with your partner. Forget the umbrellas and the raincoats. Run through the streets together, jump in puddles and get totally saturated.

Pick her up, twirl her around and kiss her while the rain falls. Taste the water on her face and hold her close. When you get back home have a hot shower and then share a warm drink preferably in front of an open fire.

IDEA 50

Organize a hot air ballooning trip as a special surprise. Most trips begin with a glass of champagne before you float over the countryside with your partner.



If You've Already Got Hot Women Throwing Themselves At You... Don't Watch this Video

IDEA 51

When your partner is sitting at a table or desk, come up behind him or her and give her a back, shoulder and head massage. Finish with a gentle kiss on the cheek.

IDEA 52

Place an ad in the paper on a normal day saying something like:

Dear Amanda, With you by my side, everyday feels like Valentines Day. Thank you for being you. Love, Graham

IDEA 53

Buy a book that you and your partner are both interested in reading.

Read one chapter each night in bed with each of you taking turns to read out loud. This can be a great alternative to television.

IDEA 54

When your partner is having a shower or bath, take her towel and place it in the dryer to make it really warm and then wrap her up in it when she is done.

IDEA 55

Photocopy your hand and fax a copy of it to your partner with a message saying, "Do ya wanna hold hands?"

IDEA 56

Next time you order a pizza, ask to have it cut into a heart shape before it is delivered to your home.

IDEA 57

Buy a box of chocolates and very carefully open one side of the plastic wrap so that you can gently slide the box out. Open the box and place a love note inside. Then slide the box back into its plastic wrap and reseal it.

IDEA 58

Rent a tandem bike and go for a ride with your partner. At the end of your ride have a picnic in the park.

IDEA 59

If you are away on a business trip, document a day in your life for your partner. For example:

'A Day in the Life of Mark'

6am: Just woke up and thought of you - Wish you were laying next to me. Well, I better get ready for work.

7am: am on the train. It's crowded; everyone looks like they are half dead. I miss ya heaps.

8.30am: Have just organized my day, it's going to be a busy one.

9.30am: Am in the middle of a really boring meeting. I am trying to concentrate on this months sales figures but I keep thinking of your beautiful eyes.

6.30pm: Thank goodness the day is over. I am counting the days until we're together again.

Send your letter to your partner. This is a wonderful way to tell your partner how often you think about her during the day and to share your life with her in a special way.

IDEA 60

Speak to your partner's family and find out what her favourite book was when she was a little girl. Buy a copy of the book and read it to her in bed.

IDEA 61

Write an email story with your partner. Start the ball rolling with an email that says something like:

Chapter 1:

This is the story of Pete and Kate who met at a friend's engagement party one summer afternoon.

The email can then continue to develop the beginnings of a story which can be completely fictitious or a combination of fiction and reality.

Finish your email by saying, "And now for Chapter 2, its over to you."

IDEA 62

Buy a kite and on a windy day find a park and fly the kite with your partner. If you can afford it, buy a large kite that you control with two hand lines. These kites are great fun.

IDEA 60

Speak to your partner's family and find out what her favourite song was when she was a little girl. Buy a copy of the recording and play it to her in bed.

IDEA 63

When you and your partner are planning to go out for dinner, suggest that have an 'Adventure Dinner'. Here's how it works

Set the timer on your stopwatch to count down twenty minutes. Next, ask our partner to choose a number between 5 and 10. Lets say she chooses 7.

Give your partner a coin and tell her that at every 7th intersection, she has to flip the coin. If it is heads you will turn left. If it is tails you will turn right. When your watch timer goes of you have to both keep a look out for the nearest place to eat.

This is a fun way to get out and about and try new places to eat.

IDEA 64

When you and your partner are going somewhere special, get your camera, buy a new roll of film and wait for her to come out of the house.

When she appears, act like a professional photographer and go wild taking pictures of her with the flash. While you are taking photos, bombard her with questions as though she was a famous actress and you are trying to get a scoop for the magazine you represent.

Not only is this fun but you will also get some great photos to look back on together.



Treat your loved one, or yourself to a FREE Tarot Reading Click Here to start

IDEA 65

www.barryley.com

When your partner is sick at home, take a day of to look after her.

Rent some videos, make her some soup, wrap her up in a blanket and just be with her.

IDEA 66

When you are having dinner one night, ask your partner about the things she has always wanted to do. Later on, write these things down so you don't forget them and over time try and help make them happen. For example she may say that one thing she has always wanted to do is swim with dolphins.

Find out where she can do this and organize it for her as a special surprise.

IDEA 67

Rent the video, "An Affair to Remember". Buy some popcorn, champagne and chocolate covered strawberries and have a special film night at home.

IDEA 68

Go to the drive in but instead of sitting in the car, spread a picnic blanket on the ground. Light a candle and buy popcorn. Cuddle your partner and enjoy the film.

IDEA 69

Create a personalized magazine cover for your partner. To do this, get hold of a good quality photo of her and a copy of a popular entertainment magazine. Take these two items to a print shop or graphic design agency.

Ask them to scan your partner's photo and develop a magazine cover with the lead story being, "The 30 most beautiful women of 2014".

When you get the cover, stick it on the front of a real magazine and ask your local shop owner whether you can place it in the magazine rack.

Organize to meet your partner at the shop before going out. When she arrives, tell her that you are just looking for a magazine. Let her browse the rack and discover her magazine.

IDEA 70

Fill the trunk of your car with helium balloons. Drive to a romantic spot in the country to go for a walk. The ideal spot is somewhere up high with a clear view of the surrounding countryside.

Get out of the car and act as though you are about to set of for your walk.

Make sure your partner is closer to the car than you and then throw her the keys and ask if she can get your jacket from the trunk while you tie your shoelace. When she opens the boot the balloons will be released. You can also place a sign saying, "I Love You" on the inside of the trunk so that it will be revealed when the trunk opens.

IDEA 71

On a special occasion create a unique present for your partner by buying two white t-shirts and some fabric paint. Draw half a heart and the letters LO on one t-shirt and the half a heart and the letters VE on the other t-shirt.

When you walk down the street holding each other close, the heart will be made whole and your message of love revealed.

IDEA 72

On a hot summer's day, buy two large water pistols and take them to the beach with you. Pull them out and throw one to your partner and then have a huge water fight.

IDEA 73

Share your food with your partner. When you go out for a meal, hold a forkful up to her mouth and say, "You've got to try this."

Sharing your food and even feeding each other is a great way to become closer as a couple.

IDEA 74

Compliment your partner in public. If you are talking in a group and it is appropriate to the conversation say something like, "Kate makes the most incredible roast." Squeeze her hand while you are talking about her.

IDEA 75

Arrange a special day off from work. Start with breakfast, go for a walk in the park, go shopping, have afternoon tea in a cosy cafe and finish of with a romantic dinner.

IDEA 76

Buy a gift voucher for a facial at a local beauty clinic and place it in a card accompanied by the message, "A special treat for someone special"

IDEA 77

Even if you are just going down the road to buy some milk, act as though you are returning home after a major adventure. Say something like, "Well it was touch and go there for a while with the snow and the wolves but I made it!" and then give your partner a huge bear hug.



IDEA 78

Send your partner a thank-you note. For example:

Dear Becky

Thanks for helping me move house. Having you there made a huge difference. I really appreciate your help and your love.

Nat

IDEA 84

When you are relaxing at home one night, take two large sheets of paper and some pencils or crayons. On each piece of paper, draw the outline of a large crystal ball sitting on a stand.

Tel your partner to look into her crystal ball and draw what she sees five years in the future. Do the same thing yourself and then come together to share and discuss your drawings.

IDEA 85

Create a loving nickname for your partner. This could be the name she was called by her family when she was a little girl or something that is special just for the two of you.

IDEA 86

If you are musically inclined, write a love song for your partner. Call it something like "Natasha's Song".

Produce a professional looking manuscript, print it out and get it framed.

Record your song onto CD and take a photo of your partner and get a print shop to create a CD cover if you can't create one on your computer.

Place the framed manuscript and the CD in a box and give it to your partner as a special gift.

IDEA 87

Pick your partner up for a date and blindfold her before driving to a special destination. Try to make the destination something really unexpected like a table set up at the top of a cliff or a dinner on a boat or old-fashioned ship. It needs to be something that will have an impact when she removes the blindfold.

IDEA 88

Have a really big pillow fight. Set up for it by buying two pillows that are filled with feathers. Put holes in the pillows so the feathers will start to fly and then attack your partner when you feel the time is right.

IDEA 89

Get out into the great outdoors. After a day of hiking, build an open fire. Sit by the fire with your partner, toast marshmallows and watch as the embers of the fire climb into the night sky.

IDEA 90

If your partner uses a computer, take a photo of the two of you and get it scanned at a print shop (or scan it at home) and store it on disk as a .bmp file. Transfer the file onto your partner's computer and set the image as the computer's wallpaper.

To do this on a Windows machine, select Start / Settings / Control Panel /Display. Choose the Background tab and click the Browse button to find your .bmp file.

Easier if you are using a digital camera or phone.

IDEA 91

If you are artistically inclined, do a life drawing course, practice until you are confident and then ask your partner to pose for you.

IDEA 92

Take your partner to a carnival or festival. Try the following:

- (1) Food festival
- (2) Jazz festival
- (3) Wine festival
- (4) Music festival

IDEA 93

Develop a video time capsule. Start with the two of you sitting together on a couch introducing the video. Say something like, "It is currently July 14th 2010.

We have decided to make this video so that we can watch it together on our 25th wedding anniversary."

Then have a section where you talk to the camera by yourself, telling the camera how you feel about your partner and why you love her. Get her to do the same thing. When you are done, place the video in a bank vault and on your 25th wedding anniversary you will be able to look back in time and reminisce about everything that you have shared.

IDEA 94

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If you are in a secluded spot near a beach or lake and the weather is warm, go for an impromptu skinny dip with your partner.

IDEA 95

This one is great for long distance relationships. It takes a bit of organization but if you can pull it of, it is sure to be a surprise that your partner will never forget. Organize to catch up with her regularly over the internet using either a chat room or an Instant Messenger program. Then arrange a secret trip to meet her without telling her that you're coming.

When it comes time for your usual chat over the net, arrange for a close friend back home to log on using your nickname while you position yourself outside her door. Phone your friend on your mobile and be speaking to him in real time. Tel him to type in the following sentence, "I really miss you honey, wish I could be there and just reach out and knock on your door." As soon as he has sent the message, knock on the door!

IDEA 96

Buy your partner a gold fish in a bowl and give it to her with a card saying,

"Of all the fish in the sea, you're the fish for me!"

IDEA 97

Go for a drive either early in the morning or at dusk. Get a CD/tape that contains sounds of nature such as Sounds of the Rainforest and play it as you hold your partner's hand and drive.

IDEA 98

The day before your partner's birthday buy some helium balloons, streamers and flowers and hide them in a closet. When your partner has fallen asleep, string the streamers around the room and bring out the balloons and flowers. Place them around the bed so that your partner wakes up to a real birthday surprise.

IDEA 99

Spend a leisurely afternoon with your partner in a large book shop where you can browse the shelves, share a coffee and sit down to peruse your purchases.

IDEA 100

If you can afford it, hire a sports car for a weekend. Pick up your partner and give her a long white cashmere scarf to wear with her sunglasses. Go for a drive along the coast with the top down.

IDEA 101

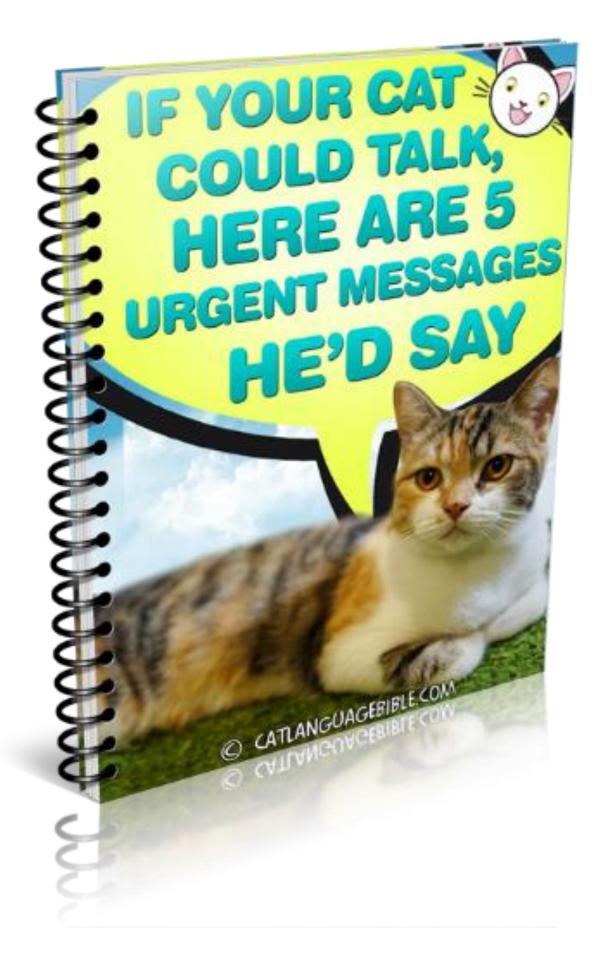
Serve your partner breakfast in bed. Try the following:

(1) A poached egg in the shape of a heart - you can pick up a heart shaped poacher at most shops that sell kitchen wares.

(2) French toast with cinnamon and maple syrup.

- (3) Cereal.
- (4) Fruit juice.
- (5) A fresh flower.





Dear cat parent,

Most cats are smarter than human babies. MUCH smarter.

And as a loving parent of a four legged child, I bet you already knew that, didn't you?

My name is Jonas Jurgella, animal researcher. Along with my PhD in Animal Studies, I have 14 years researching these incredible animals in a clinical setting next to their caregivers.

I've talked to hundreds of cat owners across the country, and heard incredible stories ranging from humorous to tear-jerking.

In our research circle, we like to compare cats to a higher level human being. We often say <u>cats</u> <u>have a brain about as developed as an adolescent teenager</u>. This explains their wide range of emotions, for example.

Which brings me to the topic I'd like to address with you today, the one question I get from cat owners more than anything else:

Do our cats think about us?

My team and I have taken this question quite seriously. People care about their cats as much as their children. So this is a very important topic for us as researchers and fellow cat lovers.

The answer is **yes, they absolutely do**. Once a bond is formed between parent and child, it is not easily broken. And indeed cats really do see you as their caregiver and personal leader. There is a very real bond that extends beyond just protection and food. It would best be described as love.

Here's another thing your cat wants you to know:



"Even though I look like I'm fine on my own, I'm often lonely"

And at times, incredibly lonely, wishing someone would just break the ice with me.

Cats have a tendency to be self-reliant. This goes back to their wild nature as predatory animals.

The thing is, cats also crave social situations at other times. They have <u>this dual set of desires</u> <u>just like humans</u>. But they have a <u>hard time telling us</u> of this fact due to different ways of thinking and behaving.

So if you're walking down the hallway and your cat looks preoccupied, don't take it as not wanting your attention. **Call out his name**, just to check in and see if he really wants to be left alone. Body language can be a false sign on its own without this check.

"I'm not mad at you, I just have aches and pains"

You would think that all that scurrying about, running, jumping up and down objects many times their own height, would lead to some heavy wear and tear on your cat's ligaments and tendons.

And you'd be right. Though they are masters of the soft landing, simple physics dictates that things need to be repaired on the inside over time.

If your cat is acting out, screeching at you, or acting erratic in general, you really should know



that you may not be the issue at all.

Cats are emotional beings just like we are. If someone bumped into roughly at the grocery store without apologizing, wouldn't you be somewhat upset?

Well, cats feel the same way when they take a harder than usual landing with the human parent in the vicinity, <u>standing by without</u> <u>saying anything</u>. They tend to snap out a bit, like an angry child. So know that you may not be the problem, it could just be a rough landing.

"Where I spend my time really shows off my interests"

Again going back to their nature as territorial, predatory animals, where your cat spends her time really tell you about what she likes to be around, environmentally speaking.

Is the TV room? Maybe your cat longs to be around more noise, sights and sounds. Especially for female cats, this could be a signal that they deeply desire to have a mate around for the social benefits.

How about the backyard? I see this a lot with cats with boundless energy, the natural fitness types in feline form. Kittens will often develop a sense of play that yearns for the outdoors.

If you find your cat lazing about in the kitchen well I think you know what that means!

There are a lot of little things to look for too. For cats hanging around a ball all the time, even without saying anything to you, he's probably



trying to signal playtime. Which leads us to our next point:

"Sometimes I want you to lead without asking"

Your cat is not the type of animal to dictate orders. He or she would much prefer that you just know what they'd like to do...oftentimes to your own frustration from the communication gap.

Again, they have teenage brains in many ways.

The thing is, they see you as their owner, their caregiver, and indeed their leader. And in the animal hierarchy, the leader should generally know what the group desires.

I'm not the one who wrote the rules, just the messenger. My own cat frustrates me with this unspoken requirement as well!

"My meow's may be a sign of affection -- or I may be just confusing you for attention"

Like crying from a baby, the meow has many different interpretations. A high pitch could indicate pain – or is it love?

Sometimes cats even use their meows to trick you into paying extra attention to them. If you have multiple cats in the household, we've even observed them using an inside joke to "fool master."

Needless to say, the simple sounds our cats make, mean far more than meets the eye. Their sense of verbal communication is <u>deeper and more complex than previously thought</u>, and only now are we understanding that cats have a language of their own.

The Cat Language Bible™: The owner's manual to understanding what your cat is actually saying

Thankfully, there's no need to guess at what your cat may be thinking. Human to cat communication research is now to the point where we largely understand both verbal and nonverbal behaviors from felines.

- Just imagine if you could **understand why your cat was sulking in the corner**. How <u>much better would you be able to provide the love and care to ease his concerns</u> and bring him into a happy mood once again?
- Have you ever lazed about on the couch with your cat nearby, showing your affection with your closeness and perhaps even <u>wanting to actually tell her that you loved her</u>?
- Imagine what it would be like to **actually speak to your cat**. And I do mean, to have a <u>two-way conversation</u>. As simple and rudimentary as it may be, it's still 1,000 times better than what I see so many cat owners doing: using some animal form of baby speak that doesn't mean anything to felines.

Yes, all of this is possible when you actually understand your cat. As it turns out, those meows you're used to hearing form about 20 different sounds. When combined with body language, they open up a wide array of actual words that can be thought of as "cat language".

The Cat language Bible[™], therefore, is our research-based guide to understanding this language, and also <u>responding back</u> to your cat in a way he or she can also understand.

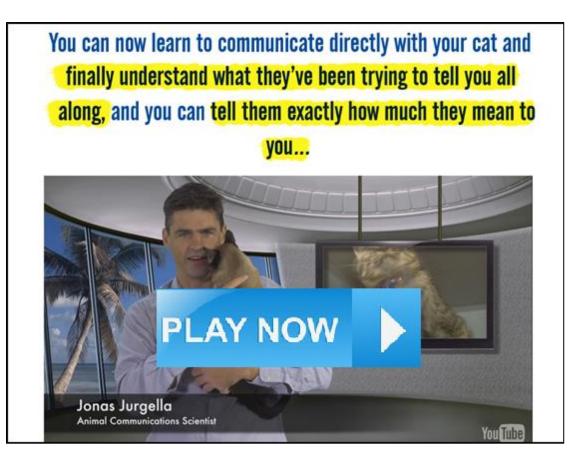
"This manual is a must read for every cat lover. I've been through several cat behavior books but none come close to this one in breaking down cat language to a level that is easily grasped. The pictures are extremely helpful in conveying the message across and after going through this manual **I immediately understood my cat better and now I'm a much better care giver and I have since noticed that my cat is being even more affectionate towards me**. A great gift to any cat owner!"



-Duncan Brown, USA

"Before reading this book **I had never realized how often my cat would gesture "I love you"** at me! Now, not only do I understand when my cat is showing me affection, but I can also 'say' it back to him in a manner he understands. You can't put a price to that!" -Deborah Smith, UK

Language is essential for developing a bond as deep as possible with our beloved cats. Check out my **FREE** video at the following link to start speaking cat today:



THE AIRPLANE GEARDINE

ADRIENNE FARRICELLI

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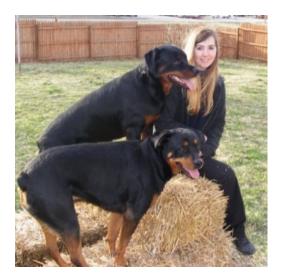
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About the Author



Adrienne Farricelli has been working professionally with dogs for more than a decade. She got her start in 2006 working in an animal hospital, and in 2007 she started volunteering at the local shelter, where she

fostered and trained pets in need of temporary homes.

She is currently a certified dog trainer and behavior consultant. She holds dual certification in dog training. In 2010, after undergoing more than 200 hours of apprenticeship under a master dog trainer, she became certified by the Italian Association for Dog Trainers and Canine Consultants. After teaching basic and advanced obedience classes in Missouri and spending the summer teaching Canine Musical Freestyle, she obtained certification by the Certification Council for Professional Dog Trainers (CPDT-KA®) in the United States.

Ms. Farricelli is a force-free trainer using scientifically based training methods focused on the rewarding world of positive reinforcement training. CCPDT requires her to continue her education, so she is often attending seminars to keep up-to-date with the latest dog training and behavior-modification trends.

Adrienne publishes a dog blog on PetHelpful and her work has appeared in such online publications as: USA Today, Daily Puppy, Nest Pets, Paw Nation, E-how, and several print publications such as *Everydog* magazine and the *APDT Chronicle of the Dog*. Recently she contributed a chapter to the book *Puppy Socialization: An Insider's Guide to Dog Behavioral Fitness,* by Caryl Wolff, which includes contributions from renowned experts Dr. Ian Dunbar, Dr. Carmen Battaglia, Dr. Ed Bailey, Dr. Michael Fox, and Peter and Nancy Vollmer.

Adrienne currently lives in Arizona with her beloved Rottweilers, Petra and Einstein, and her husband, Alex.

Introduction

Hello, Adrienne here! In this free e-book you will learn how to play "The Airplane Game," which is one of the games from my *Brain Training for Dogs* online dog training course. It is designed to improve your dog's ability to pay attention to you despite distractions. If you enjoy this game, be sure to check out the full course:

http://www.braintraining4dogs.com/get-btfd/

Brain Training for Dogs contains another 20 fantastic games you can play with your dog to improve his intelligence, obedience, and behavior. It also contains simple guides for teaching basic obedience commands, as well as many tips and secrets I've picked up over my years of experience working as a professional dog trainer.

As my gift to you, when you pick up *Brain Training for Dogs*, you will also be given access to *Behavior Training for Dogs*, my guide to stop common doggy behavioral problems dead in their tracks.

And there's more... You *also* get free access to Adrienne's Archive, a huge archive covering just about every doggy behavior problem you could possibly think of.

The Smacking Sound

Before we start playing "The Airplane Game," I thought I'd teach you a neat trick you can use to get your dog's attention whenever you need it. To do this we will use a special type of noise known as the "smacking sound." But before we can harness its power, we will first need to teach our dog to associate the sound with food.

To do this, with your dog in a quiet room, make a smacking sound as though you were kissing the air, then immediately give him a treat. It doesn't matter what he's doing



Once I have trained Einstein to respond to my smacking sound, I can use it whenever I want to get his attention.

when you give him the treat (so long as he's not doing anything bad like tearing up the sofa), the idea is simply to show him that whenever he hears the sound, he gets treats. After doing this for a while, you should notice that your dog looks at you for his treat whenever you make the sound. With continued practice, you can start using the smacking sound in everyday life when you want to grab your dog's attention!

Keep in mind, however, that the smacking sound may be less effective at times when your dog is too worked up. For example, if he has seen something outside that he reacts strongly to, your sound may go unnoticed. One remedy for this is the "Look at That" game found in the *Brain Training for Dogs* online training course. In "Look at That," we will work specifically on teaching your dog to pay attention to the smacking sound despite strong distractions.

Einstein Says: Don't like using the smacking sound? No problem! You can replace the smacking sound with any other sound you like, such as a whistle or a pop. Just make sure the sound you choose is loud enough to be heard in busier environments, and that it is a sound you can make yourself.

The Airplane Game

Objective: Your dog must make eye contact despite the distraction of a cookie.



You Will Need:

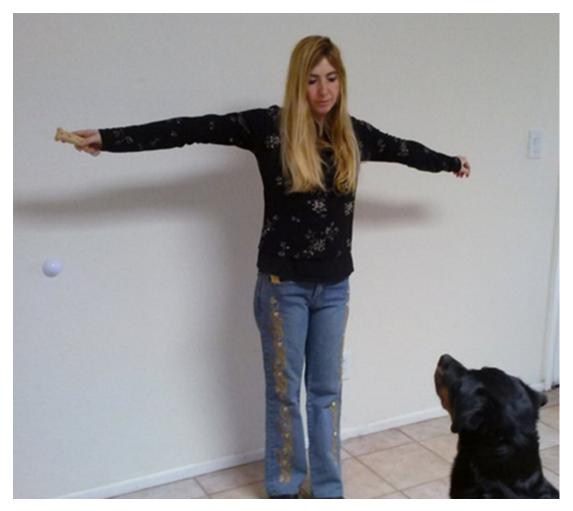
• Dog cookies or other large treats

This little brain game will teach your dog that looking into your eyes is what magically grants him a treat. Whether you own a puppy, an adult dog, or a rescue dog, this game is a great way to bond and help him view you as a source of rewards and pleasure! It also improves your dog's ability to pay attention to you despite distractions.

The only things you will need to play this game are some larger treats that protrude from your fingers (a dog cookie may work well at first) and the ability to act like an airplane, so let's get started!

How to Train The Airplane Game

Find a quiet area with few distractions. When you're ready to begin, hold a dog cookie in one of your hands, letting it protrude from your fingers so your dog sees it. Now, stretch your arms out as though you were an airplane, while keeping the cookie in clear view.



Here I am doing my best airplane impression! Notice the large cookie protruding from one hand.

If your dog is highly food motivated, he'll likely look at the cookie in your hand and perhaps even drool. If he's the type of dog who gets frustrated, he may bark or paw at you, and if he's a jumper he may attempt to jump up and grab it! Ignore these behaviors and keep the cookie firmly held so he can't get it.



Einstein makes eye contact! At this point, say "yes" and immediately drop the treat! Now, wait patiently until your dog looks into your eyes. The moment he makes eye contact with you, say "yes" and let the cookie fall to the ground so he can get it.

Bingo! Your dog has just

discovered that eye contact is what makes you drop the "bomb" (treat)! As he gets good at this you can use smaller, bite-sized treats. This will help him pass the exam with "flying" colors (ha, get it?), as he won't spend precious seconds chewing on a cookie!

Troubleshooting Problems

In some cases, your dog may not notice the treat in your hand. If so, try moving the hand with the cookie around a little to grab his attention. If you really need to, you can lower the hand, let him sniff the cookie, then raise it back up into position. This may lead to jumping, but ignore the jumping behavior and wait for him to make eye contact.

If your dog still doesn't make eye contact, you may need to give him a little hint. In the *Brain Training for Dogs* course, the "Look into My Eyes" game will teach your dog to make eye contact



I make the smacking sound from "Look into My Eyes" so Einstein makes eye contact. When he looks into my eyes I say "yes" and drop the treat.

whenever you make the smacking sound we learned about earlier (see page 7). Once your dog has mastered "Look into My Eyes," you can use the smacking sound during "The Airplane Game" as a hint.

Increase the Challenge

Once your dog gets the hang of this game, you can make it more intriguing by replacing the dog cookie with even higher-value items like your dog's favorite bone. You can even add a touch of unpredictability by hiding different treats in your hand so your dog doesn't know what they are until you let them fall to the ground.

To add *even more* fun and unpredictability, randomly change the hand that holds the treat.

The Exam

When you're ready, start your timer (a stopwatch works well) and complete three repetitions of "The Airplane Game" exercise in a row. This means holding up a treat with your arms outstretched, waiting for your dog to make eye contact, then dropping the treat—and repeating this two more times. As soon as you're finished, stop the timer and check the grade table on the following page to find out how well your dog scored.

Here's a video of Einstein and me completing the exam:

http://www.braintraining4dogs.com/airplane-game-video/

You may have noticed that I use a clicker instead of saying "yes." In the *Brain Training for Dogs* course I will teach you all about clickers and how to use them to take your training to the next level.

Einstein's Tip: to complete the challenge faster, use small treats that your dog eats in one bite, and don't toss the treat across the room, just let it fall to the ground. This one's a joint effort between dog and owner to get the 'A' grade!

The Airplane Game Grade Table

-	Dog Name		Dog Name	
Date	Time	Grade	Time	Grade

A Under 11 seconds

B 11 – 15 seconds

- C 16 20 seconds
- D 21 25 seconds
- E 26 30 seconds
- F Over 30 seconds

More Brain Games

In the full *Brain Training for Dogs* course you will discover 20 more great games you can play with your dog to skyrocket his obedience, behavior, and intelligence.

The course also contains simple techniques for teaching basic obedience, and plenty of training tips and secrets I've picked up over my years of experience as a professional trainer, so don't miss out.

Get access to *Brain Training for Dogs* here:

http://www.braintraining4dogs.com/get-btfd/

You will also get access to *Behavior Training for Dogs* and *Adrienne's Archive*, which provide force-free solutions for just about ANY doggy behavior problem you could possibly think of.

These bonuses are free to you when you invest in Brain Training for Dogs today.

Thanks for reading, Adrienne and Einstein